Abstract

A controllable tourniquet disclosed in this invention mainly improves the finger pressing component of the tourniquet and the effect of the tourniquet on stopping the bleeding. Such tourniquet comprises an elastic bandage, a latch, and a finger pressing component; wherein the latch is coupled to each end of the elastic bandage, and the finger pressing component is disposed in the middle of the elastic bandage. The finger pressing component can be used to adjust the tightness of the finger pressing bandage to avoid causing any discomfort to the patient, and improve the partial pressurization effect on the tourniquet.